

CAPITAL HIGH STUDENT LEARNING EXPECTATIONS

For Students

- A blended learning experience isn't easier or harder than a traditional school day; it is just different.
- **As we enter the 2020-21 school year, the expectations for learning in a remote and blended environment have accelerated** since last spring.
- Be prepared to complete schoolwork 5 days a week regardless of whether we are at school or online.
- Homework and assignments will be posted to Teams and teacher webpages on Mondays. Start there each week. Manage your time daily with a planner or online calendar. Assignments will be posted weekly in PowerSchool.
- Check your school email and Teams daily and touch base with your teachers as often as possible.
- During a blended or remote learning environment, students will always act with academic integrity. Academic honesty is paramount to student learning in a blended environment that requires remote learning in addition to attending school in the building. Students are expected to act as they would in a traditional school setting and submit work that represents their authentic learning. Failure to do this will result in following school and district protocol for student plagiarism.

Be Engaged

- Join a club or activity.
- Encourage your peers in their endeavors.
- Participate in virtual school spirit activities.
- Participate in all assigned Teams chats/discussions.
- Volunteer in the community. (Reach out to our community through service learning.)
- Help other students virtually when needed.
- Develop and promote a positive mental attitude.
- Take care of your social/emotional health – reach out to counselors and for resources when needed.

Be Respectful

- Use school-appropriate and positive words in all communications (smile) through Teams.
- Do not remove other students from a Teams call/meeting.
- Use your school email and Teams for communication with your teachers and your peers.
- Try not to read tone into communications from teachers/fellow learners.
- Respect your teachers' personal time in hours outside of school time.
- Be honest with your teachers and parents/family when discussing work completion and grades.
- Realize teachers have 24 hours to reply to emails and Teams chats during the school week. Try to use teacher office hours as much as possible.

Be a Graduate

- Remember the goal is that YOU LEARN!
- School is 5 days a week. You will have activities each day for each class whether online or in-person.
- Check Teams daily for each class.
- Plan to do schoolwork each day. Realize that in-person school is six hours a day, so plan your online work accordingly.
- Set aside a quiet time and space to work at home each day.
- Carefully read and follow all communication from your teachers (weekly agendas, posts in Teams, assignment directions, etc.).
- Engage in all online tasks provided by your teachers (watch videos, read text, complete assignments and tests, etc.).
- Challenge yourself to do your best. Take pride and ownership of your education to prepare yourself for your future.

Be Responsible

- Turn in assignments on time.
- Seek help when needed.
- Acknowledge teachers' digital communications.
- Check PowerSchool at least once a week.
- Use a calendar or planner to organize your week.
- Follow rules of academic integrity/honesty. Your work must be original; create authentic work.
- Engage in each class daily (Monday-Friday).
- Be an active learner.
- When you have an online meeting with a teacher, join a few minutes early. Communicate with your teacher ahead of time if you cannot make the meeting.
- Take care of your school-issued device.
- Follow the school dress code when participating in live meetings and recording videos for class assignments; make sure your background is school appropriate.

Take Care of Yourself!

- Utilize supports
- Check in with counselor, administrator or social services
- Report Bullying, any abuse
- Set boundaries that keep you safe
- Ask for what you need
- Allow yourself to forgive
- Connect with people you care about either virtually or in person
- Practice basic self-care, including basic hygiene
- Sleep
- Hydrate
- Find a way to move in a way that brings you joy
- Teach someone else something new
- Learn something new for fun
- Take it one step at a time

Helpful Resources

Not sure how to login? Start here: <https://helenaschools.org/remote-learning/remote-learning-bridge/>

Need a guide for using Teams? Try this: <https://go.microsoft.com/fwlink/?linkid=2131456>

Can't log in to Teams or Clever? Ask your teacher to email the help desk!

Parents need access to PowerSchool? Have them call your school office.

Trouble with your Chromebook? Try holding the power button down and re-starting. For more information, check here: <https://support.google.com/chromebook#topic=3399709>