




Mr. West

 (406) 324-2834

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# Health

C. R. Anderson Middle School

The Health course presents a structured and in-depth curriculum aimed at developing a deep understanding of essential concepts within the field of health sciences. The program covers a broad spectrum of topics, including personal wellness, emotional and mental health, human anatomy and physiology, medical terminology, and exploration of medical careers. Students will critically examine pressing health issues such as substance use and abuse, disease prevention, and the complex dimensions of sex education. The course is carefully organized to equip students with both the knowledge and practical skills necessary to make informed, responsible decisions regarding their health and overall well-being.

*It is important to note that the Health course addresses a range of sensitive topics. These include: contraception, sex, pregnancy, sexual harassment, sexually transmitted infections, physical violence, emotional abuse, substance use and abuse, suicide, and mental health challenges. The curriculum is intentionally structured to approach these subjects with sensitivity, accuracy, and respect, thereby fostering a safe, inclusive, and supportive learning environment for all participants.*

## INSTRUCTIONAL PHILOSOPHY

*To provide an environment for developing proper skills, knowledge, safety habits, work ethics and pride in achievement.*

Students will be expected to meet all the course goals and to demonstrate their understanding of the underlying concepts. The instruction will be lecture, videos, computers, demonstration, question and answer, laboratory, guest speakers, and hands on application. Students will be expected to take part in discussions, work in groups, individually, and complete assignments on time.

## TEXTBOOK

Sanderson, C. A., & Zelman, M. (2019). *Comprehensive Health Skills for Middle School* (1st ed.). Goodheat-Willcox. ISBN 978-1-63563-308-5

## GRADING POLICY

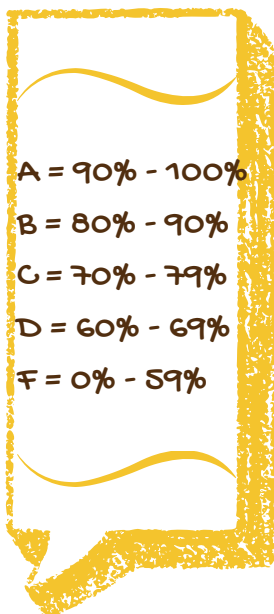
Grades communicate each student's progress toward mastery of goals/standards for the course. Grading will be calculated on a point system for each assignment. No extra credit will be issued.

In PowerSchool, an assignment that has not been submitted will be recorded as a score of zero and marked as missing. The comments section will specify a final date by which the assignment may still be submitted for credit. If the assignment is not submitted by this deadline, the score of zero will become permanent. In such cases, it is the responsibility of the student to communicate with their parent or guardian regarding the reason for receiving a zero.

Students who earn a grade below 70% on an assignment are permitted to submit a revised version within two days of the grade being posted, in order to improve their score. This policy does not apply to tests, except in cases where a legal accommodation has been granted.


Classroom participation and engagement are essential components of your learning experience. I encourage you to consistently put forth your best effort during class. Homework will *only* be assigned if you are absent or require additional time to complete in-class assignments.

Remember, everyone works at a different pace and some need a bit more time!





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## ATTENDANCE

Punctual and consistent attendance is essential for academic success. Arriving to class on time maximizes instructional opportunities and supports a productive learning environment.

Students *must* be prepared and seated before the bell rings. Failure to do so will result in a tardy. Any tardy exceeding ten (10) minutes will be classified as an unexcused absence. Accumulating three (3) or more tardies within a single quarter will result in corrective disciplinary action.

Whenever possible, students are expected to inform their teachers in advance of any planned absences. For all absences, whether planned/unplanned, it is the student's responsibility to promptly obtain and complete any missed assignments.

To report/schedule an absence, please contact the attendance line at (406) 324-2802.

## CLASSROOM PROCEDURES/EXPECTATIONS

### Have required materials

- Students are expected to bring the following materials to class each day: the assigned textbook, any distributed packets, a pencil, and water.
- All electronic devices must be placed in the designated area upon entering the classroom. If a student is found in possession of a device during class, the device will be confiscated and may be retrieved from me after school. Repeated violations of this policy will result in a formal referral for disciplinary action.

### Complete assigned tasks on time

- **Classwork:** Assigned tasks will be available for students to work on during class time. In most cases, students will be allotted more than one day to finish each assignment during class time. It is the student's responsibility to use this time productively. If class time is not used effectively, students will be required to complete unfinished work at home.
- **Late Work:** Students are expected to submit *all* assignments by the designated due dates, as timely completion is fundamental to the development of responsibility and self-discipline. In the event that an assignment cannot be submitted on time, students must communicate with me as soon as possible—either in person before or after school, during advisory periods, or via email—to discuss the circumstances. Late work may be accepted for up to one week following the original due date or the date of an excused absence, provided that prior arrangements have been made with the teacher. Extensions and acceptance of late work are granted at the discretion of the teacher.

### Demonstrate school wide expectations

- Be Cooperative: Follow directions and help others
- Be Respectful: Show kindness and demonstrate honesty
- Be an Achiever: Put your best foot forward and work hard

## COMMUNICATION & PARENT ENGAGEMENT

All assignments and grades will be made available online via the weekly agenda, which can be accessed through the district website or PowerSchool. Communication regarding student progress or concerns will be conducted through email or telephone.