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| **Dates****Feb. 3-7th, 2025** | **Weekly Topic: Finish Life Map, Start Nutrition Unit** |
| Reading Goal: Students will read and comprehend chapter 2 in Health Book.Writing Goal: Students will write to understand new vocabulary and express knowledge. Math Goal: Students will interpret charts and graphs for chapter 2  |
| **Essential Standard (s) for the week:****Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.** | **Learning Target (s) for the week:****Discuss the purpose and reasons for Health Behaviors and importance of reducing or avoiding health risks.**  |
| Monday | Students will Present their Life Map Assignment in class. |
| Tuesday | Students will complete Ch. 1 Review and Assessment page 32-35, 1-27, 32-39 |
| Wednesday | Students will complete Ch. 2 Review and Assessment page 60-61, 1-27, 33-39 |
| Thursday | Students will learn about Nutrition and how important it is for overall well being and health. We will use a multimedia presentation to learn facts and information which students will be tested on next week.  |
| Friday | Students will complete Ch. 3 on Nutrition in the Text book and complete the Chapter Review Pages 100-103, 1-25, 31-36, Turn in on Teams. |
| **Notes/Reminders:*** Check Microsoft Teams of Moodle (depending on teacher) **daily** for assignment details.
* Assignments will be posted for the week every Monday or the first day of the school week.
* PowerSchool will be updated after due date for assignments as soon as possible including zeros.
* I will respond to questions via email within 24 hours (excluding weekends).
* My daily Microsoft Teams office hours are 12:35- 1:25 PM. This is when I will be available to answer questions and give individual help live, or message me in the evenings after 7pm.
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