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| A close up of a book  Description automatically generated**Dates****Nov. 18-26th, 2024** | **HHS Health Class Weekly Lesson Plans: Relationships Power Up Speak Out** |
| **Reading Goal for the Week:** How to read and understand textbook information **Writing Goal for the Week:** Writing information to convey a message. **Math Goal for the Week:** Using statistics to convey a message.  |
| **Essential Standard (s) for the week:**#1: Comprehend concepts related to health promotion and disease prevention to enhance personal health. | **Learning Target (s) for the week:**Review and scaffold information about relationships. |
| **Monday**Power Up Speak out Lesson on Consent | **Lesson 4 Power Up Speak Out / Consent***Learning Outcomes:** Students will Define consent as permission to cross a boundary.
* Students will Identify forms of consent and no consent (both verbal and nonverbal)
* Students will identify “Got Consent?” Statements.

Consent is an active process between two people.Consent is activity specific.Consent can be taken back at any time.Consent must be given in a free and clear mindset.* Students will examine the lack of consent by applying red flags, boundaries, and unhealthy relationship statements.
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| **Tuesday**Power Up Speak Out Lesson 5 EDGE | Lesson 5 Power Up Speak Out / EDGE* Students will understand that using put downs and insults are a tool used to create one-sided power.
* Identify EDGE strategies for being an Upstander
* Examine opportunities for being an Upstander and applying EDGE
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| **Wednesday**Power Up Speak Out and Gender Identity | * Continue with Power Up Speak Out Lessons
* Gender Identity Lesson
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| **Thursday**Test 11/21 | * Review all the lessons in class and test on relationships.
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| **Friday**Class Activity on understanding stereo types in relationships.Monday 11/25 and Tuesday 11/26 Who am I collage Activity | * Play a matching game to understand how people use stereotypes to judge people and define someone before they know them.

Who am I Collage Activity. |
| **Notes/Reminders:***
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