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**Helena High School**

**Room 31**

Transitions Learning Lab is an individualized learning class where students set their own goals each week and work towards those goals on a daily basis. I check their grades in PowerSchool every day, and I will expect them to view PowerSchool and TEAMS also to make sure they’re keeping up in their classes. During this time, I will be discussing each student’s goals with them to make sure they are attainable for the week, and I will circulate each period to make sure each student is getting the help and academic tutoring they need to be successful in their classes. Students will also fill out a Friday Reflection sheet where they reflect on their progress and communicate their needs.

I want you to know that my classroom will be a safe space for your student, and I will do my best to support them academically as well as with their social/emotional needs. Having a positive, enhancing relationship with your student is extremely important to me, which is why I do a lot of activities to get to know them as a person. Their health and wellbeing are paramount.

For your reference, I have also included students’ Learning Targets and Daily Agenda below. These are always on my white board in my classroom.

I know we’re going to have a fantastic 2025-2026 school year! I look forward to our future communications. GO BENGALS!

**HHS TRANSITIONS LEARNING LAB: Where all the Cool Cats are. 😊**

**Learning Targets:**

* I can plan my own goals for the week.
* I can work towards my goals on a daily basis.
* I can communicate my needs, whether they be academic, social/emotional, or physical.
* I can ask for help and be an advocate for myself.
* I know that I can be successful.
* I know that I am a valuable member of this community.
* I know that Mrs. Cleveland cares a lot about me as a person and as a student.
* I can do this!

**DAILY AGENDA: This agenda does not change since each student is working towards individual goals.**

* Put your cell phone in the holder and grab your folder when you enter.
* View your goals you made for yourself on Monday.
* Take out the materials you will need for the day.
* Start working towards your goals.
* Communicate your needs.
* Expect Mrs. Cleveland to check-in with you multiple times during the period.
* Ask for help when needed.
* Fill out your Friday Reflection each week.
* Have an amazing weekend!

**What does a typical week in your class look like for my student?**

**Here is an example of a typical week in my class:**

**MONDAY-** Janie grabs a yellow Goal Setting sheet from the counter. She opens Powerschool and TEAMs to set some goals for herself. She decides to put “Catch up in Math” as her first goal since she missed two days of that class last week for an appointment and activity. For her second goal, she decides to put “Set my alarm 30 minutes earlier” because she’s been missing the first 20 minutes of first period often. For her third goal, she decides on “Finish two missing assignment in English” since she wants a ‘B’ in the class instead of a ‘C’. Janie shows me her goals and gets out her math book and notebook to get started.

**TUESDAY-** Janie grabs her folder for my class and views her goals again. She finishes her makeup assignments for Math today and didn’t need any help from me on the assignment. However, she skipped breakfast, so she decides on some snacks from our snack cabinet to help her focus.

**WEDNESDAY-** Janie tells me she still doesn’t understand her last English assignment. We look at the directions together, attempt the first section, but she’s still confused, so I have her message her teacher on TEAMS. I ask Janie to work on her other missing assignment while we wait for a response.

**THURSDAY-** Janie finally understands her other assignment, so she starts working on it, but she’s had a rough night at home and really wants to speak with her counselor. She’s feeling anxious and depressed, so I send her to her counselor after checking-in with her in the hallway for privacy.

**FRIDAY-** Janie is feeling better today, so she starts filling out her Friday Reflection sheet where she discusses if she was able to accomplish her goals for the week. Janie knows the point is to simply be honest and hold yourself accountable, so she talks about how she accomplished her first goal, part of her third, but she was still tardy to her first period class 3 days this week. She’s going to try again next week to get to school on time; she’ll make that her first goal next week. She and I talk about what’s keeping her from making it on time. After our discussion, Janie reads some pages of her “choice” novel for English, works on the last missing assignment, and then she plays an educational trivia game with us for the last 10 minutes of class. On her reflection sheet, she said she’s looking forward to seeing her big brother this weekend who is visiting from Havre. I hope Janie has a great weekend!