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| A close up of a book  Description automatically generated**Dates**  **April 14-18th, 2025** | **HHS Health Class Weekly Lesson Plans: Relationships Power Up Speak Out** | |
| **Reading Goal for the Week:** How to read and understand textbook information  **Writing Goal for the Week:** Writing information to convey a message.  **Math Goal for the Week:** Using statistics to convey a message. | | |
| **Essential Standard (s) for the week:**  #1: Comprehend concepts related to health promotion and disease prevention to enhance personal health. | | **Learning Target (s) for the week:**  Review and scaffold information about relationships. |
| **Monday**  Power Up Speak out Lesson on Consent | **Lesson 3 and 4 Power Up Speak Out / Boundaries and Consent**  *Learning Outcomes:*   * Students will Define consent as permission to cross a boundary. * Students will Identify forms of consent and no consent (both verbal and nonverbal) * Students will identify “Got Consent?” Statements.   Consent is an active process between two people.  Consent is activity specific.  Consent can be taken back at any time.  Consent must be given in a free and clear mindset.   * Students will examine the lack of consent by applying red flags, boundaries, and unhealthy relationship statements. | |
| **Tuesday** | **Lesson 3 and 4 Power Up Speak Out / Boundaries and Consent**  *Learning Outcomes:*   * Students will Define consent as permission to cross a boundary. * Students will Identify forms of consent and no consent (both verbal and nonverbal) * Students will identify “Got Consent?” Statements.   Consent is an active process between two people.  Consent is activity specific.  Consent can be taken back at any time.  Consent must be given in a free and clear mindset.   * Students will examine the lack of consent by applying red flags, boundaries, and unhealthy relationship statements. | |
| **Wednesday**  Power Up Speak Out Test | * Review all the lessons in class and test on relationships. | |
| **Thursday**  Lisa Ling Age of Consent Video | * Watch Lisa Ling Age of Consent episode and discuss issues around consent, social media, and the law. | |
| **Friday**  Class Activity on understanding stereo types in relationships. | * Play a matching game to understand how people use stereotypes to judge people and define someone before they know them. | |
| **Notes/Reminders:** | | |