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| **Dates**  **Oct. 28th – Nov. 1st, 2024** | **Weekly Topic: Eating Disorders and Nutritional Eating** | |
| Reading Goal: Students will read new vocabulary about specific eating disorders  Writing Goal: Students will write a reflection on their own eating habits.  Math Goal: Students will be able to calculate total calories | | |
| **Essential Standard (s) for the week:**  **Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.** | | **Learning Target (s) for the week:**  **Discuss the purpose and reasons for Health Behaviors and importance of reducing or avoiding health risks.** |
| Monday | * Students will complete Chapter 5 Page 152-155 #’s 1-26, #’s 31-37 | |
| Tuesday | * Power point presentation on eating disorders | |
| Wednesday | * Complete Mirror, Mirror activity on page 154 in the textbook | |
| Thursday | * Watch Super-Size Me Movie | |
| Friday | * Watch Super-Size Me Movie | |
| **Notes/Reminders:**   * Check Microsoft Teams of Moodle (depending on teacher) **daily** for assignment details. * Assignments will be posted for the week every Monday or the first day of the school week. * PowerSchool will be updated after due date for assignments as soon as possible including zeros. * I will respond to questions via email within 24 hours (excluding weekends). * My daily Microsoft Teams office hours are 11:15- Noon. This is when I will be available to answer questions and give individual help live, or message me in the evenings after 7pm. | | |