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| **Dates****Oct. 28th – Nov. 1st, 2024** | **Weekly Topic: Eating Disorders and Nutritional Eating**  |
| Reading Goal: Students will read new vocabulary about specific eating disordersWriting Goal: Students will write a reflection on their own eating habits. Math Goal: Students will be able to calculate total calories |
| **Essential Standard (s) for the week:****Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.** | **Learning Target (s) for the week:****Discuss the purpose and reasons for Health Behaviors and importance of reducing or avoiding health risks.**  |
| Monday | * Students will complete Chapter 5 Page 152-155 #’s 1-26, #’s 31-37
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| Tuesday | * Power point presentation on eating disorders
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| Wednesday | * Complete Mirror, Mirror activity on page 154 in the textbook
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| Thursday | * Watch Super-Size Me Movie
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| Friday | * Watch Super-Size Me Movie
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| **Notes/Reminders:*** Check Microsoft Teams of Moodle (depending on teacher) **daily** for assignment details.
* Assignments will be posted for the week every Monday or the first day of the school week.
* PowerSchool will be updated after due date for assignments as soon as possible including zeros.
* I will respond to questions via email within 24 hours (excluding weekends).
* My daily Microsoft Teams office hours are 11:15- Noon. This is when I will be available to answer questions and give individual help live, or message me in the evenings after 7pm.
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