Straub Health Class Update and Weekly Assignment for April 14-17.

Hello everyone, thanks for such great work last week. I have enjoyed your videos and look forward to seeing the rest of them today and tonight. Please get them completed soon so I can get them all in the grade book. This week’s assignment is to learn some terms about alcohol and drugs. I’ve also included a timeline for the rest of the year and topics we will cover at the bottom. Have a good week. Straub

**Alcohol and Drugs Assignment April 14th – 17th**

Short week this week to complete your assignments so work hard to get them all done. For Health Class your job is to learn some terms about Alcohol and Drugs. Study the terms listed below, define and study them however you would like (flash cards, define, read and remember, etc.) and you will have a quiz to complete posted on Thursday for a grade. If you need help with definitions you can use google, your book or any credible online resource.

**Terms to Learn:**

Depressant

Inhibition

Blood Alcohol Concentration

Metabolize

Hangover

Alcohol Poisoning

Binge Drinking

Cirrhosis

Fetal Alcohol Syndrome (FAS)

Alcoholism

Detoxification

Enabling

Opioids

Stimulants

Sedatives

Hypoxia

Self-Medication

Study these terms and be ready for a quiz on them Thursday. (quiz will be due Fri.)

**Health Class Topics by Week for Q4 spring 2020**

April 14th – 17th Alcohol and Drugs

April 20th – 24th Relationships

April 27th – May 1st Mental Health

May 4th- May 8th Mental Health /Suicide Prevention

May 11th – May 15th Human Sexuality Part 1

May 18th- May 22nd Human Sexuality Part 2

May 26th – May 29th Pregnancy and Childbirth

Jun 1st – Jun 5th Safety and First Aid

Jun 8th -10th Testing