|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Kinder** | **1st** | **2nd** | **3rd** | **4th** | **5th** |
| Meet the Counselor | Meet the Counselor | Meet the Counselor | Meet the Counselor | Meet the Counselor | Meet the Counselor |
| PAX Vision | PAX Vision | PAX Vision | PAX Vision | PAX Vision | PAX Vision |
| Learning to Listen | Listen to Learn | Being Respectful | Being Respectful Learners | Empathy and Respect | Empathy and Respect |
| Focusing Attention | Focusing Attention | Focusing Attention and Listening | Using Self-Talk | Listening with Attention | Listening with Attention |
| Following Directions | Following Directions | Using Self-Talk | Being Assertive | Being Assertive | Being Assertive |
| Self-Talk: staying on task | Self-Talk for Learning | Being Assertive | Planning to Learn | Respecting Similarities and Differences | Predicting Feelings |
| Being Assertive | Being Assertive | Identifying Feelings | Identifying Others’ Feelings | Understanding Complex Feelings | Taking Others’ Perspectives |
| Feelings | Identifying Feelings | Learning more About Feelings | Understanding Perspectives | Understanding Different Perspectives | Accepting Differences |
| More Feelings | Looking for More Clues | Feeling Confident | Conflicting Feelings | Conversation and Compliments | Disagreeing Respectfully |
| Identifying Anger | Similarities and Differences | Respecting Different Preferences | Accepting Differences | Joining In | Responding with Compassion |
| Same or Different | Feelings Change | Showing Compassion | Showing Compassion | Showing Compassion | Introduction Emotion Management |
| Accidents | Accidents | Predicting Feelings | Making Friends | Introduction Emotion Management | Calming Down |
| Caring and Helping | Showing Care and Concern | Introduction Emotion Management | Introduction to Emotion Management | Managing Strong Feelings | Managing Anxiety |
| We Feel Feelings in our Bodies | Identifying Our Own Feelings | Managing Embarrassment | Managing Test Anxiety | Calming Down Anger | Managing Frustration |
| Managing Frustration | Strong Feelings | Handling Making Mistakes | Handling Accusations | Managing Anxiety | Resisting Revenge |
| Calming Down Strong Feelings | Calming Down Anger | Managing Anxious Feelings | Managing Disappointment | Avoiding Jumping to Conclusions | Handling Put Downs |
| Handling Waiting | Self-Talk for Calming Down | Managing Anger | Managing Anger | Handling Put-Downs | Avoiding Assumptions |
| Managing Anger | Managing Worry | Finishing Tasks | Managing Hurt Feelings | Solving Problems 1 | Solving Problems Part 1 |
| Managing Disappointment | Solving Problems pt 1 | Solving Problems 1 | Solving Problems 1 | Solving Problems 2 | Solving Problems Part 2 |
| Handling Being Knocked Down | Solving Problems Pt 2 | Solving Problems 2 | Solving Problems 2 | Making a Plan | Making a Plan |
| Solving Problems | Fair Ways to Play | Taking Responsibility | Solving Classroom Problems | Solving Playground Problems | Seeking Help |
| Inviting to Play | Inviting to Join In | Responding to Playground Exclusion | Solving Peer Exclusion Problems | Taking Responsibility for your Actions | Dealing with Gossip |
| Fair Ways to Play | Handling Name-Calling | Playing Fairly on the Playground | Dealing with Negative Peer Pressure | Dealing with Peer Pressure | Dealing with Peer Pressure |
| Having Fun with our Friends |  |  | Test Anxiety | Test Anxiety | Test Anxiety |
| Handling Having Things Taken Away |  |  | Test Anxiety | Test Anxiety | Test Anxiety |
| Handling Name-Cal  ling |  |  | Test Anxiety | Test Anxiety | Test Anxiety |
| Careers | Careers | Careers | Careers | Careers | Careers |
| Self-Care | Self-Care | Self-Care | Self-Care | Self-Care | Self-Care |
| Healthy Relationships/Friendships | Healthy Relationships/Friendships | Healthy Relationships/Friendships | Healthy Relationships/Friendships | Healthy Relationships/Friendships | Healthy Relationships/Friendships |
| Healthy Choices | Healthy Choices | Healthy Choices | Healthy Choices | Healthy Choices | Healthy Choices |